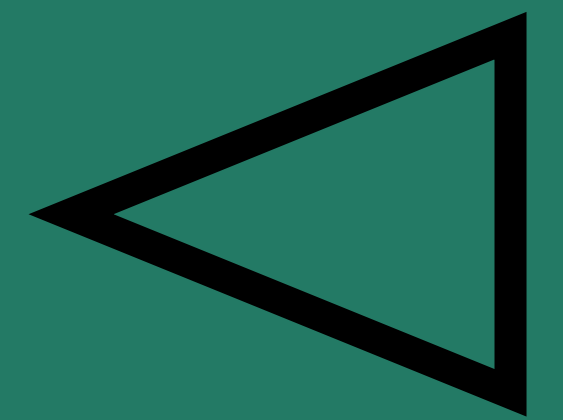
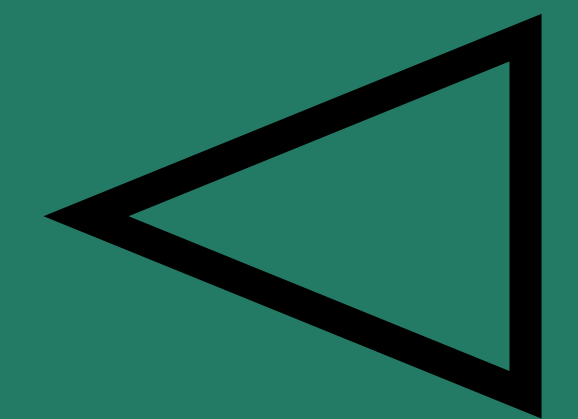


**Lead the players in
ankle/foot flexions/circles, or
wrist flexion/circles.**

How did it go?



**Lead a short
“Simon Says” game!**





RED



BLUE



YELLOW



GREEN

TAP ON THE COLOUR NAME TO START PLAYING